

ATA COACHING STANDARDS & POLICY

(Effective September 1st, 2025)

Purpose

This policy aims to ensure that athletes participating in Alberta-sanctioned, National, and International events benefit from having professionally trained coaches who meet the high standards of Taekwondo Canada, the National Coaching Certification Program (NCCP), the Coaching Association of Canada (CAC), and the Canadian Sports Community.

Coaching Standards

To coach at Alberta-sanctioned, National, and International events, all coaches must be Assistant Instructor (AI), and Dojang Coach (DC) certified, be a registered member in good standing with the Coaching Association of Canada (CAC), the Alberta Taekwondo Association (ATA) and Taekwondo Canada (TC).

Coaching Colored Belts

- Must be an ATA/TC member in good standing
- TC Assistant Instructor (AI) certified
- ATA Provincial Referee Course certificate
- Professional Dress Code: Tracksuit (no Dobok) or Semi-formal

Coaching Black Belts

- Must be an ATA/TC member in good standing
- 1st Dan Black Belt or higher
- TC Dojang Coach (DC) certified
- Professional Dress Code: Tracksuit (no Dobok) or Semi-formal

1ST Step

Assistant Instructor (AI)

- Be registered with Taekwondo Canada (Please speak with your PSO to register)
- Complete Emergency First Aid Certification or higher
- Complete the <u>Making Ethical Decisions</u> online evaluation (<u>www.coach.ca</u>)

Option A

- Register and complete Al Workshop
- Register and complete Al Evaluation

Option B

 Register and complete Al Challenge evaluation

Evaluation / Challenge Evaluation means successfully completing:

- Al Portfolio
- Code of Conduct
- Al Formal Observation
- Al Debrief
- Respect in Sport

Additional recommended training: NCCP Planning a Practice and Nutrition

2ND Step

Dojang Coach (DC)

- Be registered with Taekwondo Canada (Please speak with your PSO to register)
- Have completed Assistant Instructor certification
- Complete Standard First Aid Certification with CPR Level C or higher
- Complete the <u>Making Headway</u> Online Training (<u>www.coach.ca</u>)
- Complete a Canadian Provincial or <u>National Referee Course</u>

Option A

- Register and complete DC Workshop
- Register and complete DC Evaluation

Option B

 Register and complete DC Challenge evaluation

Evaluation / Challenge Evaluation means successfully completing:

- DC Portfolio
- DC Formal Observation
- DC Debrief

Additional recommended training: <u>NCCP Planning a Practice</u>, <u>Nutrition</u>, <u>Basic Mental Skills</u>, <u>Design a Sport Programme</u>, <u>Teaching and Learning</u>

AI / DC / PC CERTIFICATION CHALLENGE

To assist coaches in effectively completing the Assistant Instructor (AI), Dojang Coach (DC), and Performance Coach (PC) certifications, Taekwondo Canada (TC) will allow coaches with suitable prior experience to challenge the certification process in one evaluation. For more information, please contact Master Derek Sadler, CPP, ChPC, TC Master Coach Developer.

TC/NCCP Coach Training and Certification - https://taekwondo-canada.com/programs/coaching-nccp/

ATA SANCTIONED EVENT PROCESS

- 1. Once a coach is confirmed to be AI or DC certified, a **Lanyard** will be processed and distributed for the entire tournament season.
- 2. Coaches are asked to submit a headshot (jpeg) to the ATA, for lanyard identification, and security.
- 3. Lanyards will have the following information: Coach name/title, Dojang name, Coach headshot photo, and level of certification.
- 4. To help prepare coaches for National/International events, coaches must give the Referee his/her lanyard to receive the **RED** or **BLUE** Instant Video Replay (IVR) Challenge Card per match. At the end of each match, coaches will return the IVR card to the Centre Referee and retrieve his/her lanyard.
- 5. Coaches will be responsible for bringing their coaching lanyards to every ATA-sanctioned event. If they have forgotten or misplaced their lanyard, a \$20 administration fee will be implemented, to print off a replacement.

NO CERTIFICATION / NO LANYARD = NO COACHING!

ATA COACHING LANYARD SAMPLE



Coaching Credentials



Master Derek Zoolander

DZ Taekwondo Dojang

Colored Belts

TC Assistant Instructor (AI) Certified

Black Belts

TC Dojang Coach (DC) Certified