



Medical Fitness to Compete

This form MUST BE COMPLETED or your Application to compete will NOT be accepted.

Name _____ Date of Birth _____ Phone _____

Address _____ AHC# _____

1. I hereby certify that I have not suffered a concussion, head injury, loss of consciousness or blow to the head followed by dizziness, memory loss or headache **in any activity** in the past 30 days.

Signed _____

Under 18 years, Legal Guardian _____

Date _____

2. Have you suffered a head injury, loss of consciousness, concussion or blow to the head in the past 6 months?

_____ YES _____ NO

3. If **YES**, what symptoms did you have **after** the injury?

| | | | |
|------------------------------|----------------------------|------------------|--------------------------|
| ___ dizziness | ___ blurred vision | ___ amnesia | ___ feeling in a fog |
| ___ tingling | ___ headache | ___ irritability | ___ ringing in the ears |
| ___ numbness | ___ nausea | ___ vomiting | ___ sensitivity to light |
| ___ inability to concentrate | ___ seeing flashing lights | | |

4. Of the above symptoms, do you still experience any of these?

_____ YES _____ NO